

Amazing Breakthrough Treatment for Back Pain & Sciatica

A breakthrough medical technology offers new hope for serious back pain sufferers. Studies show that **non surgical spinal decompression therapy** has a high success rate in treating serious and debilitating back pain, even in cases with multiple herniated discs and sciatica.

To see if you qualify for treatment call today for a free consultation.

(305) 949-6740 or (954) 772-2711 or (561) 296-1317

Non-Surgical Spinal Decompression Therapy

Non-Surgical Spinal Decompression Therapy is non-surgical, non-invasive, and typically does not involve pain medications. The treatment is not only safe and painless, but also comfortable and relaxing. The course of therapy includes approximately 20 treatment sessions over 4-6 weeks. Each procedure is performed with a unique physio-therapeutic device and is performed by a certified clinician, specializing in back pain care. The treatment sessions are brief, lasting approximately 30 minutes.

How Does it Work?

Non-Surgical Spinal Decompression Therapy distracts the vertebrae surrounding an injured disc 5 to 7 millimeters. The 25 to 30 minute treatment provides static, intermittent, and cycling forces on structures that may be causing low back pain. During treatment, intradiscal pressure is dropped from a positive 25 millimeters mercury to a negative 150 millimeters mercury. This negative pressure promotes the diffusion of water, oxygen, and nutrients into the vertebral disc area, thereby re-hydrating the degenerated disc. Repeated pressure differential promotes retraction of a herniated nucleus pulposus (the elastic core of the intervertebral disc).

Non-Surgical Spinal Decompression Therapy can:

- reduce pressure on the vertebral joints
- promote retraction of herniated discs
- promote self healing and rehabilitation of damaged discs
- thereby relieving low back pain.

Why should you consider Non-Surgical Spinal Decompression Therapy?

1. ***Non-Surgical Spinal Decompression Therapy is proven and effective.*** The procedure has been studied extensively, has been clinically validated and thousands of patients have been successfully treated.
2. ***Non-Surgical Spinal Decompression Therapy is non-surgical and non-invasive.*** The complications from surgery can be severe and may result in debilitating conditions. Non-Surgical Spinal Decompression Therapy is painless and involves no recovery time.
3. ***Non-Surgical Spinal Decompression Therapy is convenient.*** Treatment sessions last only 25 to 30 minutes. And because the procedure is non-invasive, most Non-Surgical Spinal Decompression Therapy patients can carry-on with normal daily activities. Additionally, patients can expect only minimal absence from work.
4. ***Non-Surgical Spinal Decompression Therapy is cost-effective.*** The cost of treatment is minimal compared to the cost of surgery. And, in most cases, financing is available for those without insurance or with less than comprehensive insurance. Several payment options are available and a monthly payment plan can be a much better financial decision than a 10% or 20% insurance co-payment on back surgery.

What are some common causes of lower back pain?

Herniated or Bulging Disc. A herniated disc is a common cause of severe back pain and sciatica. Discs are soft flexible "shock absorbers" that separate each of the bones, or vertebrae, in the spine. These discs have a rigid outside rim, but are soft and gel-like inside. Activity, stress, or a mechanical problem in the spine can cause one of the discs to bulge and become misshapen. A disc becomes herniated when it degenerates to the point that the gelatin within the disc protrudes outward. Classic low back pain occurs if this material extrudes or bulges far enough to press against a nerve root.

Degenerative Disc Disease. This condition is a major cause of chronic low back pain. Because the discs in the spine do not have a dedicated blood supply, the discs must rely on a process called diffusion to receive their supply of water, nutrients, and oxygen. If the flow of these elements is disrupted, the vertebral discs can degenerate. This degeneration can cause spinal structures to pinch (impinge) nerve roots, thereby causing pain. Vertebral discs can also degenerate simply due to the aging process.

Posterior Facet Syndrome. The facet joints can wear down. In such cases, a nerve can become pinched (impinged) and cause pain.

Sciatica. Sciatica refers to a pain felt along the length of the sciatic nerve. The pain is usually felt in the buttock where it radiates down the back of the leg. At some time, up to 40% of people experience pain caused by compression of this nerve.

Acute Back Pain. Acute low back pain generally lasts less than six months. A few cases may resolve without medical attention, although many reoccur.

Chronic Back Pain. Chronic low back pain persists beyond six months.

How can I relieve my lower back pain?

There are a variety of options available to relieve lower back pain. Many options involve surgery, painful injections, and heavy drug therapy. The complications from back surgery can be severe and may result in permanent debilitating conditions. Additionally, surgery can be extremely expensive and can require a long recovery period lasting several months. Pain medications can make it difficult to carry-on with normal day-to-day activities.

Now there is a new option: Non-Surgical Spinal Decompression Therapy. This innovative approach to relieve lower back pain is non-surgical, non-invasive and typically does not involve pain medications. The treatment is not only safe and painless, but also comfortable and relaxing.

In most cases, all non-invasive remedies should be exhausted before anyone is referred for surgery. Be sure to ask your doctor about non-invasive treatments for back pain.

For patients with a history of back pain and who are currently experiencing symptoms that are interfering with activities, the first step is proper diagnostic testing to determine the cause of the symptoms and the severity of the problem.

To see if you qualify for treatment call today for a free consultation.

Frequently Asked Questions

Q: How does Non-Surgical Spinal Decompression Therapy work?

A: Non-Surgical Spinal Decompression Therapy provides a computer directed method of applying and achieving physical therapy treatment objectives without requiring the patient to participate in any exhaustive or painful exercise regimen. It is performed by a certified clinician. The Non-Surgical Spinal Decompression Therapy device gently manipulates the offending spinal segment, while helping stretch and re-tone underlying musculature. The result is improved lumbar health and pain elimination in about 86% of patients treated.

Q: If I use Non-Surgical Spinal Decompression Therapy, when will I start feeling better?

A: Many patients start feeling improvement by the second week of the treatment.

Q: Are there any side effects to the treatments?

A: Most patients do not experience any adverse side effects from undergoing Non-Surgical Spinal Decompression Therapy.

Occasionally, a few patients experience muscle spasm for a limited time.

Q: Are there any drugs used in the treatment?

A: Although drug therapy is not a mainstay of Non-Surgical Spinal Decompression Therapy, some clinicians advocate the use of anti-inflammatory medications and muscle relaxants.

Q: How long does it take to complete the treatment?

A: Each treatment session lasts approximately 30 minutes and is repeated approximately 20 times over the course of 35 days. The number of sessions depends on the severity of the problem.

Q: How successful is Non-Surgical Spinal Decompression Therapy?

A: In a prospective randomized clinical trial, Non-Surgical Spinal Decompression Therapy achieved a high success rate. Thousands of patients have been successfully treated with Non-Surgical Spinal Decompression Therapy.

Q: Does Non-Surgical Spinal Decompression Therapy involve surgery or injections?

A: No. Non-Surgical Spinal Decompression Therapy is completely non-invasive, is non-surgical and involves no injections. Not only is Non-Surgical Spinal Decompression Therapy safe and painless, it's also comfortable and relaxing.

Q: How can I get more information or get started?

A: Simply call the office closest to you at (305) 949-6740, (954) 772-2711 or (561) 296-1317 and make an appointment today. Your initial consultation is free and we will determine if you qualify for treatment.

Disclaimer:

The patient and any other person responsible for payment has a right to refuse to pay, cancel, or be reimbursed for payment for any other service, examination or care which is performed as a result of and within 72 hours of responding to the advertisement for the free, discounted fee, or reduced fee service, examination or care.